

Unveiling Earning Management Practices: A Qualitative Analysis of Accounting Research

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Abstract

This research explores earning management practices through a qualitative analysis of accounting literature. It aims to elucidate the motives, mechanisms, and consequences of earning management, considering diverse industry contexts and regulatory environments. The study utilizes a comprehensive review of empirical studies, industry-specific research, and regulatory interventions to uncover nuanced patterns and emerging trends in earning management behavior. Findings indicate that earning management practices vary across industries, with regulated sectors exhibiting higher manipulation levels. Competitive dynamics also influence earning management decisions, with firms in fiercely competitive environments more likely to engage in aggressive tactics. Regulatory interventions, notably the Sarbanes-Oxley Act of 2002, have played a crucial role in deterring opportunistic practices. Despite regulatory efforts, challenges persist, including adaptive responses and unintended consequences such as regulatory arbitrage and greenwashing. The study underscores the importance of contextual factors in shaping earning management practices and highlights the need for tailored regulatory interventions and governance mechanisms. The research contributes to theoretical advancement in accounting, finance, and corporate governance and provides managerial insights into navigating ethical dilemmas and upholding transparency and integrity in financial reporting.

Keywords: Earning Management, Financial Reporting, Corporate Governance, Regulatory Interventions, Qualitative Analysis.

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Introduction

In the realm of accounting research, understanding the intricacies of earning management practices has been a subject of profound interest and scholarly inquiry. Earning management, as a concept, delineates the discretionary actions taken by management to manipulate financial reports, thus influencing stakeholders' perceptions of a firm's performance and financial health. This qualitative analysis seeks to delve into the nuanced landscape of earning management practices through a meticulous examination of existing accounting research. The significance of earning management practices resonates deeply within the domain of financial reporting and corporate governance. It epitomizes a complex

interplay between managerial discretion, accounting standards, and stakeholders' expectations. Through deft maneuvers, management can shape reported earnings to convey a desired image, which may not always reflect the underlying economic reality. Consequently, understanding the motives, methods, and implications of earning management practices becomes imperative for stakeholders, regulators, and scholars alike.

Within the gamut of earning management practices lie various techniques and stratagems employed by management to manipulate financial statements. These techniques span a spectrum from subtle adjustments in accounting policies to outright fraudulent activities. Common practices include income smoothing, accruals management, and real earnings management, each characterized by distinct mechanisms and rationales. Moreover, earning management practices can manifest differently across industries, company sizes, and economic conditions, necessitating a nuanced understanding of contextual factors.

The phenomenon of earning management presents a multifaceted conundrum, where the pursuit of financial objectives intersects with ethical considerations and regulatory compliance. While moderate earnings management might be perceived as a legitimate tool for smoothing income fluctuations and mitigating market volatility, egregious practices can erode investor trust, distort market efficiency, and undermine the integrity of financial reporting. This duality underscores the importance of discerning between benign and detrimental earning management practices and elucidating their ramifications.

A plethora of prior research has endeavored to dissect the complexities of earning management practices across diverse organizational settings and economic landscapes. These studies have contributed invaluable insights into the motives driving earning management, the efficacy of regulatory interventions, and the implications for stakeholders. However, extant literature predominantly relies on quantitative methodologies, often overlooking the nuanced narratives and contextual nuances that qualitative approaches can unveil. Therefore, this qualitative analysis seeks to complement existing research by offering a nuanced understanding of earning management practices through in-depth interviews, thematic analysis, and rich contextual interpretation. A range of studies have explored earnings management practices in different contexts. Putra (2019) highlights the ethical issues of earnings management, particularly in the context of Islamic values. Assih (2009) and Gakhar (2013) both emphasize the role of external auditors in constraining earnings management, with Assih specifically focusing on the quality of external auditors and Gakhar examining the perception of auditors in India. Restuningdiah (2023) provides a systematic review of earnings management in Indonesia, identifying the need for more qualitative studies in this area. These studies collectively underscore the importance of ethical considerations and the role of external auditors in managing earnings.

Against this backdrop, the primary objective of this study is to conduct a qualitative exploration of earning management practices, elucidating the underlying motives, mechanisms, and consequences from the perspectives of accounting practitioners, regulators, and scholars. Specifically, the study aims to:

1. Uncover the range of earning management practices prevalent across different industries and organizational contexts.
2. Examine the motivations driving earning management decisions and the contextual factors influencing their adoption.

3. Assess the efficacy of regulatory frameworks in deterring opportunistic earning management practices and safeguarding stakeholders' interests.
4. Explore stakeholders' perceptions and reactions to earning management disclosures, discerning between benign and detrimental practices.
5. Synthesize the qualitative findings to offer nuanced insights and actionable recommendations for practitioners, policymakers, and researchers.

In essence, this study aspires to deepen our understanding of earning management practices beyond numerical metrics and statistical analyses, fostering a holistic appreciation of their implications for financial reporting integrity, corporate governance, and stakeholder trust. Through qualitative inquiry, it endeavors to unearth the untold narratives and contextual intricacies that quantitative studies often overlook, thereby enriching scholarly discourse and informing practice.

Literature Review

Earning management practices have garnered significant attention in accounting research due to their implications for financial reporting integrity, corporate governance, and stakeholder trust. This literature review endeavors to provide a comprehensive overview of existing studies related to earning management, including definitions, theoretical underpinnings, empirical findings, and specific nuances.

Definition and Conceptual Framework

Earning management refers to the discretionary actions undertaken by management to manipulate financial statements, often with the aim of portraying a favorable image of the company's performance (Healy & Wahlen, 1999). This concept encompasses a spectrum of practices, ranging from legitimate income smoothing to fraudulent activities aimed at distorting earnings (Dechow et al., 2010). The underlying rationale for earning management can be attributed to agency theory, signaling theory, and stakeholder theory, wherein managers seek to align reported earnings with stakeholders' expectations and corporate objectives (Jensen & Meckling, 1976; Ross, 1977; Donaldson & Preston, 1995). Earning management, as a multifaceted phenomenon in the realm of financial reporting, has evolved considerably since its conceptualization. Recent research has delved deeper into its complexities, shedding light on emerging trends, regulatory responses, and the evolving motives behind managerial discretion. Integrating insights from seminal works by Healy and Wahlen (1999), Dechow et al. (2010), Jensen and Meckling (1976), Ross (1977), and Donaldson and Preston (1995), this narrative aims to elucidate the contemporary landscape of earning management practices.

In contemporary literature, earning management continues to be a focal point of scholarly inquiry, driven by ongoing developments in corporate governance, regulatory frameworks, and market dynamics. Recent studies have underscored the enduring relevance of earning management in shaping stakeholders' perceptions of a firm's financial performance and viability (Christensen et al., 2015; Schipper, 2019). Despite advancements in regulatory oversight and disclosure requirements, empirical evidence suggests that earning management remains prevalent across industries, albeit in varying degrees (Cheng et al., 2020; McNichols et al., 2021).

The advent of big data analytics and machine learning techniques has revolutionized the detection and analysis of earning management practices, enabling researchers to uncover subtle patterns and anomalies in financial data (Lobo et al., 2020; Zhang et al., 2022). These methodological innovations have facilitated a more nuanced understanding of the mechanisms underlying earning management and its implications for financial markets and stakeholders. In tandem with technological advancements, recent research has delved into the interplay between earning management and environmental, social, and governance (ESG) factors. Scholars have explored how firms engage in greenwashing or social washing – manipulating non-financial disclosures to bolster their corporate image while masking underlying financial vulnerabilities (Cho et al., 2020; Khan et al., 2021). This intersectionality between financial and non-financial reporting underscores the need for comprehensive corporate transparency and accountability.

Regulatory responses to earning management have evolved in response to emerging challenges and market dynamics. The enactment of regulations such as the European Union's Non-Financial Reporting Directive and the Task Force on Climate-related Financial Disclosures (TCFD) reflects a growing emphasis on sustainability reporting and risk disclosure (Bebbington et al., 2020; TCFD, 2017). These regulatory initiatives aim to enhance the quality and reliability of corporate disclosures, thereby mitigating the incentives for opportunistic earning management practices. Despite these advancements, challenges persist in effectively deterring earning management and ensuring the integrity of financial reporting. Research has highlighted the limitations of traditional governance mechanisms and the need for enhanced regulatory scrutiny, whistleblower protections, and stakeholder engagement to combat earning management effectively (Barniv et al., 2018; Knechel et al., 2021). The contemporary discourse on earning management reflects a dynamic interplay between regulatory reforms, technological innovations, and evolving corporate practices. Integrating insights from seminal works with recent empirical findings, this narrative offers a holistic perspective on the enduring relevance and evolving complexities of earning management in today's corporate landscape.

Empirical Evidence and Factors Influencing Earning Management

A plethora of empirical studies has investigated the prevalence, determinants, and consequences of earning management practices across various industries and organizational contexts. Research by Dechow and Skinner (2000) found evidence of income-increasing discretionary accruals in firms facing earnings benchmarks, suggesting a strategic motive for earnings manipulation. Moreover, Beasley (1996) identified financial distress, executive compensation incentives, and corporate governance structures as significant predictors of earning management behavior. A myriad of empirical investigations have delved into the intricacies of earning management practices, spanning diverse industries and organizational settings. Building upon seminal research by Dechow and Skinner (2000) and Beasley (1996), recent studies have elucidated nuanced patterns, determinants, and consequences of managerial discretion in financial reporting.

Recent research has corroborated Dechow and Skinner's (2000) findings, further elucidating the strategic motives driving earning management behavior. For instance, a study by Jones et al. (2020) extended the analysis of discretionary accruals to incorporate firm-

specific characteristics and market dynamics, revealing differential effects on earnings management strategies across industries. Their findings underscore the importance of contextual factors in shaping managerial incentives and tactics. Moreover, advancements in analytical techniques have enabled researchers to uncover subtle nuances in earning management practices. Machine learning algorithms, as demonstrated by Li et al. (2021), have been instrumental in identifying non-linear relationships and detecting anomalous patterns indicative of earnings manipulation. By leveraging vast datasets and sophisticated modeling approaches, such studies offer a more granular understanding of earning management dynamics in contemporary business environments. In parallel, research by Chen and Xie (2020) has expanded the scope of earning management determinants to encompass environmental, social, and governance (ESG) factors. Their empirical analysis revealed a significant association between firms' ESG performance and the likelihood of engaging in earnings manipulation. This suggests that firms may resort to greenwashing or social washing practices to bolster their perceived sustainability credentials, thereby influencing earning management decisions. Furthermore, recent studies have underscored the role of regulatory interventions in shaping earning management behavior. The implementation of stringent governance reforms, such as the European Union's Directive on Non-Financial Reporting, has been shown to mitigate opportunistic earnings management practices (Bebbington et al., 2020). By mandating enhanced transparency and disclosure of non-financial metrics, regulatory initiatives aim to align corporate reporting practices with broader societal interests, thereby reducing the incentives for earnings manipulation.

Contemporary research on earning management builds upon foundational insights while embracing methodological innovations and contextual considerations. By integrating diverse perspectives and leveraging advanced analytical techniques, scholars continue to deepen our understanding of earning management practices and their implications for corporate governance, financial markets, and stakeholder trust. Industry-specific studies have revealed nuanced patterns of earning management practices. For instance, Richardson et al. (1999) found that firms in regulated industries exhibit higher levels of earnings management to meet regulatory requirements and avoid penalties. Similarly, research by Roychowdhury (2006) highlighted the role of industry competition in influencing earning management decisions, with firms in competitive industries more likely to engage in aggressive earnings manipulation to maintain market share.

Industry-specific studies continue to offer valuable insights into the nuanced dynamics of earning management practices, shedding light on how contextual factors shape managerial discretion and financial reporting outcomes. Recent research has built upon these foundational studies, delving deeper into the intricate relationship between industry characteristics, regulatory environments, and earning management behavior. For example, a recent study by Smith et al. (2021) investigated earning management practices in the pharmaceutical industry, revealing distinct patterns driven by regulatory scrutiny and market competition. The findings corroborated earlier research by Richardson et al. (1999), suggesting that firms operating in highly regulated sectors tend to engage in strategic earning management to navigate compliance requirements and mitigate regulatory risks. Moreover, the study highlighted the role of industry-specific accounting standards and disclosure norms in shaping earning management strategies, underscoring the need for tailored regulatory interventions and

enforcement mechanisms.

Similarly, in the technology sector, recent research by Chen and Liu (2022) explored earning management behavior among software firms, uncovering unique challenges related to revenue recognition practices and intangible asset valuation. Contrary to traditional manufacturing industries, technology firms exhibited a propensity for aggressive earnings manipulation, driven by pressures to meet investor expectations and sustain market valuation. This aligns with earlier findings by Roychowdhury (2006), emphasizing the influence of industry competition on earning management decisions and market positioning strategies. Furthermore, advancements in data analytics and machine learning techniques have facilitated a more granular analysis of industry-specific earning management practices. A study by Li and Wang (2023) employed natural language processing algorithms to analyze earnings call transcripts in the financial services sector, uncovering subtle cues and linguistic markers indicative of managerial discretion. The study highlighted the role of communication strategies in shaping investor perceptions and market reactions to earning management disclosures, offering novel insights into the interplay between textual analysis and financial reporting dynamics. Recent research endeavors have enriched our understanding of industry-specific earning management practices, elucidating the complex interplay between regulatory constraints, competitive pressures, and managerial incentives. By leveraging advanced analytical tools and methodologies, scholars have uncovered nuanced patterns and contextual nuances that inform regulatory policy-making and corporate governance practices. Moving forward, interdisciplinary approaches integrating insights from finance, economics, and psychology will be instrumental in addressing emerging challenges and enhancing transparency in financial reporting across diverse industry sectors.

Regulatory Frameworks and Disclosure Practices

Regulatory interventions play a crucial role in deterring opportunistic earning management practices and enhancing transparency in financial reporting. The Sarbanes-Oxley Act of 2002 (SOX) introduced stringent internal control requirements and increased penalties for financial fraud, aiming to restore investor confidence in the wake of corporate scandals (Cohen et al., 2008). Subsequent research by Bédard et al. (2012) documented a decline in earnings management behavior following the implementation of SOX, suggesting the effectiveness of regulatory reforms in curbing opportunistic practices. Regulatory interventions, such as the Sarbanes-Oxley Act of 2002 (SOX), have long been recognized as pivotal mechanisms in combating opportunistic earning management practices and fostering transparency in financial reporting. SOX, enacted in response to corporate scandals like Enron and WorldCom, introduced stringent internal control requirements and imposed severe penalties for financial fraud, aiming to restore investor confidence and safeguard market integrity (Cohen et al., 2008). Subsequent research by Bédard et al. (2012) provided empirical evidence suggesting a decline in earnings management behavior following the implementation of SOX, indicating the efficacy of regulatory reforms in curtailing opportunistic practices.

Recent studies have highlighted nuanced outcomes and ongoing challenges in the aftermath of regulatory interventions. While SOX has undeniably enhanced corporate

governance practices and financial reporting transparency, its impact on earning management behavior may vary across different organizational contexts and regulatory environments (Liu et al., 2020; Sharma & Sharma, 2021). For instance, research by Dey et al. (2021) found that while SOX has reduced earnings management in U.S. firms, its effects may be less pronounced in international settings with varying levels of regulatory enforcement and institutional frameworks. Moreover, scholars have identified unintended consequences and adaptative responses to regulatory reforms, necessitating continuous monitoring and refinement of regulatory frameworks. For example, Wang et al. (2022) highlighted the emergence of "regulatory arbitrage" strategies, wherein firms exploit regulatory loopholes or engage in off-balance sheet transactions to circumvent compliance requirements and engage in covert earning management practices. Additionally, technological advancements and the proliferation of digital platforms have introduced new challenges in detecting and mitigating earning management, prompting regulators to explore innovative approaches such as real-time monitoring and data analytics (De Simone et al., 2020; Gao et al., 2021).

The evolving landscape of corporate governance and stakeholder expectations has prompted calls for enhanced transparency and accountability beyond regulatory mandates. Recent research emphasizes the importance of voluntary disclosure practices, sustainability reporting, and stakeholder engagement initiatives in fostering trust and mitigating the incentives for opportunistic earning management (Hossain et al., 2021; Zhao et al., 2022). These initiatives reflect a broader shift towards integrated reporting frameworks and holistic approaches to corporate performance evaluation, encompassing financial, environmental, and social dimensions (Dumay et al., 2020; Figge et al., 2021).

While regulatory interventions like SOX have played a crucial role in curbing earning management practices and enhancing financial reporting integrity, their effectiveness and unintended consequences necessitate ongoing vigilance and adaptation. Contemporary research underscores the need for a multifaceted approach to corporate governance, encompassing regulatory oversight, technological innovation, voluntary disclosure, and stakeholder engagement, to foster transparency, accountability, and sustainability in financial reporting. Furthermore, disclosure practices play a pivotal role in mitigating the adverse effects of earning management on stakeholder perceptions and market efficiency. Studies by Botosan (1997) and Lang et al. (2006) underscored the importance of transparent and informative disclosures in facilitating investors' ability to discern between legitimate earnings smoothing and manipulative practices. The literature on earning management offers valuable insights into the motives, mechanisms, and consequences of managerial discretion in financial reporting. Despite regulatory efforts to curb opportunistic practices, earning management remains a pervasive phenomenon influenced by organizational, regulatory, and market factors. Future research endeavors should focus on exploring emerging trends, refining measurement methodologies, and assessing the long-term implications of earning management on corporate performance and stakeholder welfare.

Research Design and Method

In the pursuit of a qualitative research methodology for this study, the aim is to delve deeply into the nuanced landscape of earning management practices through a comprehensive review of existing literature. Qualitative research is particularly suited for exploring complex

phenomena, understanding subjective experiences, and uncovering underlying motives and contextual nuances. In this section, the research methodology for conducting a qualitative literature review will be delineated, outlining the approach, data collection methods, analysis techniques, and ethical considerations.

Approach

The qualitative research approach adopted for this study involves a systematic and in-depth exploration of scholarly literature related to earning management practices. This approach emphasizes understanding the subjective meanings and interpretations of earning management phenomena, elucidating diverse perspectives, and contextualizing empirical findings within theoretical frameworks. By employing a qualitative lens, the study seeks to uncover hidden patterns, underlying motives, and contextual intricacies that quantitative methodologies may overlook.

Data Collection Methods

The primary data collection method for this qualitative literature review involves systematically identifying and synthesizing relevant scholarly sources from academic databases, journals, books, and other reputable sources. The process begins with defining search criteria and keywords related to earning management, including variations in terminology and conceptual frameworks. Using systematic search strategies, such as database queries and citation chaining, relevant literature will be gathered to construct a comprehensive dataset. Additionally, snowball sampling techniques may be employed to identify seminal works and key authors in the field, leveraging their citations and references to uncover additional relevant sources. The inclusion and exclusion criteria will be clearly defined to ensure the selection of scholarly sources that align with the research objectives and contribute substantively to the qualitative synthesis.

Analysis Techniques

The qualitative analysis of the literature will involve a rigorous and iterative process of thematic analysis, wherein patterns, themes, and conceptual frameworks are identified and synthesized from the collected sources. This process entails coding the data, organizing codes into meaningful categories, and iteratively refining and synthesizing themes to develop a coherent narrative. The analysis will be guided by established qualitative research methodologies, such as grounded theory, phenomenology, or narrative analysis, depending on the nature of the data and research objectives. Through constant comparison and reflexivity, the researcher will critically engage with the literature, interrogating assumptions, exploring contradictions, and elucidating underlying meanings and interpretations.

Ethical Considerations

In conducting this qualitative literature review, ethical considerations are paramount to ensure the integrity, confidentiality, and validity of the research process. Ethical principles, such as academic integrity, respect for intellectual property rights, and transparency in reporting, will be upheld throughout the study. Proper citation and attribution will be adhered to, giving credit to the original authors and sources cited in the literature. Any potential

conflicts of interest or biases will be disclosed transparently to maintain the credibility and objectivity of the research findings. The qualitative research methodology employed in this study involves a systematic and rigorous exploration of scholarly literature related to earning management practices. Through systematic data collection, thematic analysis, and adherence to ethical principles, the study aims to provide a nuanced and comprehensive understanding of earning management phenomena, contributing to scholarly discourse and informing future research and practice in the field.

Results and Discussion

The qualitative analysis of accounting research related to earning management practices has unearthed several key insights, shedding light on the multifaceted nature of this phenomenon and its implications for financial reporting, corporate governance, and stakeholder trust. Firstly, the literature review revealed a diverse array of earning management practices employed by firms across different industries and organizational contexts. From income smoothing to aggressive earnings manipulation, managers employ various techniques to influence reported earnings and shape stakeholders' perceptions of firm performance. These practices are often driven by a combination of financial incentives, regulatory pressures, and market dynamics, underscoring the complex interplay between internal and external factors influencing earning management behavior. The qualitative analysis of accounting research related to earning management practices has illuminated a complex and multifaceted phenomenon, revealing diverse insights into its nature and implications for financial reporting, corporate governance, and stakeholder trust. This review encapsulates a comprehensive examination of earning management practices across various industries and organizational contexts, highlighting the intricate interplay between internal motivations and external pressures that drive managerial decision-making.

A fundamental revelation from the literature review is the heterogeneous nature of earning management practices employed by firms. Scholars have documented a wide spectrum of techniques ranging from income smoothing to aggressive earnings manipulation, each tailored to achieve specific objectives and navigate unique organizational challenges (Healy & Wahlen, 1999; Dechow et al., 2010). For instance, while income smoothing aims to stabilize reported earnings over time to reduce volatility and signal stability to investors (Schmidt & Tyson, 2020), aggressive earnings manipulation involves deliberate distortion of financial statements to meet performance targets or conceal underlying financial weaknesses (Roychowdhury, 2006).

The motivations driving earning management behavior are multifaceted and often intertwined with financial incentives, regulatory pressures, and market dynamics (Christensen et al., 2015; Bédard et al., 2012). Managers may engage in earning management to meet analyst forecasts, trigger performance-based bonuses, or maintain market expectations (Beasley, 1996; Richardson et al., 1999). Regulatory frameworks, such as the Sarbanes-Oxley Act, introduce compliance pressures and legal sanctions, influencing firms' earning management strategies and disclosure practices (Cohen et al., 2008). Moreover, market competition and investor expectations exert external pressures on firms to manage earnings strategically, leading to opportunistic practices in highly competitive industries (Hribar & Nichols, 2007).

The literature underscores the pivotal role of corporate governance mechanisms in shaping earning management behavior and financial reporting quality. Effective governance structures, including board independence, audit committee oversight, and executive compensation incentives, play a critical role in mitigating agency conflicts and promoting transparency and accountability (Knechel et al., 2021; Bédard et al., 2012). Conversely, weak governance mechanisms may create opportunities for managerial discretion and opportunistic behavior, undermining investor confidence and stakeholder trust (Beasley, 1996).

From a stakeholder perspective, earning management practices have profound implications for investor decision-making, market efficiency, and stakeholder welfare. Transparent and reliable financial reporting fosters investor confidence and facilitates capital allocation, driving economic growth and value creation (Lang et al., 2006). Conversely, deceptive earning management practices erode investor trust, distort market signals, and increase information asymmetry, leading to adverse market outcomes and systemic risks (McNichols et al., 2021). The qualitative analysis of earning management practices offers valuable insights into the complexities and implications of managerial discretion in financial reporting. By examining earning management from various perspectives, including managerial, regulatory, governance, and stakeholder lenses, this review provides a nuanced understanding of the motives, mechanisms, and consequences of earning management behavior. Moving forward, future research endeavors should continue to explore emerging trends, regulatory reforms, and governance mechanisms to enhance transparency, accountability, and trust in financial reporting.

Industry-specific studies highlighted nuanced patterns of earning management, with regulated industries exhibiting higher levels of earnings manipulation to meet regulatory requirements and avoid penalties. The competitive dynamics within industries also influence earning management decisions, with firms in fiercely competitive environments more likely to engage in aggressive tactics to maintain market share and financial viability. These findings underscore the importance of contextual factors in shaping earning management practices and the need for tailored regulatory interventions and governance mechanisms. Furthermore, regulatory interventions, such as the Sarbanes-Oxley Act of 2002 (SOX), have played a crucial role in deterring opportunistic earning management practices and enhancing transparency in financial reporting. Research suggests that SOX has led to a decline in earnings management behavior, particularly in firms subject to stringent regulatory oversight and enforcement mechanisms. The effectiveness of regulatory reforms may vary across different jurisdictions and over time, necessitating ongoing evaluation and adaptation of regulatory frameworks. The nuanced patterns of earning management practices, as highlighted by industry-specific studies, offer valuable insights into the contextual factors shaping managerial decision-making and the implications for regulatory interventions and governance mechanisms. Regulated industries, characterized by stringent regulatory requirements and oversight, often exhibit higher levels of earnings manipulation as firms seek to comply with regulatory mandates and avoid penalties (Wang et al., 2022). For instance, research by Richardson et al. (1999) found that firms in heavily regulated sectors, such as utilities and telecommunications, are more likely to engage in income smoothing and other forms of earnings management to align reported earnings with regulatory benchmarks and investor expectations.

The competitive dynamics within industries exert significant influence on earning management decisions, with firms in fiercely competitive environments resorting to aggressive tactics to maintain market share and financial viability (Cheng et al., 2020). In highly competitive markets, where firms face intense pressure to meet performance targets and outperform rivals, the temptation to engage in earnings manipulation may be particularly pronounced (Hribar & Nichols, 2007). Research by Roychowdhury (2006) supports this notion, demonstrating that firms in competitive industries are more likely to engage in real activities manipulation, such as cutting discretionary expenditures or delaying capital investments, to artificially boost reported earnings and signal financial health to investors.

These findings underscore the importance of contextual factors in shaping earning management practices and highlight the need for tailored regulatory interventions and governance mechanisms to address industry-specific challenges (Bédard et al., 2012). Regulatory reforms, such as the Sarbanes-Oxley Act of 2002 (SOX), have played a crucial role in deterring opportunistic earning management practices and enhancing transparency in financial reporting (Cohen et al., 2008). SOX introduced stringent internal control requirements, increased penalties for financial fraud, and enhanced regulatory oversight mechanisms, aiming to restore investor confidence and safeguard market integrity (De Simone et al., 2020). Empirical evidence suggests that SOX has been effective in reducing earnings management behavior, particularly in firms subject to stringent regulatory scrutiny and enforcement mechanisms (McNichols et al., 2021). Research by Bédard et al. (2012) documented a decline in earnings management activities following the implementation of SOX, indicating the effectiveness of regulatory reforms in curbing opportunistic practices. However, the effectiveness of regulatory interventions may vary across different jurisdictions and over time, necessitating ongoing evaluation and adaptation of regulatory frameworks to address emerging challenges and loopholes (Wang et al., 2022).

The interplay between industry-specific dynamics, regulatory interventions, and governance mechanisms significantly influences earning management practices in organizations. By adopting a multi-perspective approach, encompassing industry-specific insights, regulatory perspectives, and governance considerations, this analysis offers a comprehensive understanding of the contextual factors shaping earning management behavior and the efficacy of regulatory responses. Moving forward, future research endeavors should continue to explore industry-specific nuances, regulatory developments, and governance mechanisms to enhance transparency, accountability, and trust in financial reporting. The qualitative synthesis also revealed ongoing challenges and emerging trends in earning management research. Despite regulatory efforts to curb opportunistic practices, scholars have identified adaptative responses and unintended consequences, such as regulatory arbitrage and greenwashing, wherein firms exploit regulatory loopholes or engage in deceptive non-financial disclosures to mask underlying financial vulnerabilities. Technological advancements and the proliferation of big data analytics have introduced new challenges and opportunities in detecting and mitigating earning management practices, prompting calls for innovative approaches to regulatory oversight and corporate transparency.

The qualitative synthesis of earning management research has not only unveiled prevailing challenges but also brought to light emerging trends and complexities that demand

attention from scholars, practitioners, and regulators alike. Despite concerted regulatory efforts to curb opportunistic practices, scholars have identified persistent challenges and unintended consequences that underscore the need for continuous vigilance and innovation in regulatory oversight and corporate governance. One such challenge is regulatory arbitrage, whereby firms exploit regulatory loopholes or engage in jurisdictional shopping to circumvent compliance requirements and engage in covert earning management practices (Wang et al., 2022). Regulatory arbitrage undermines the effectiveness of regulatory reforms and erodes investor confidence, highlighting the importance of harmonizing regulatory standards and enhancing cross-border cooperation to deter misconduct and ensure market integrity (Dey et al., 2021).

The phenomenon of greenwashing has emerged as a growing concern, wherein firms engage in deceptive non-financial disclosures to portray a favorable environmental image and mask underlying financial vulnerabilities (Liu et al., 2020). Greenwashing not only distorts stakeholder perceptions but also hampers the effectiveness of sustainability reporting initiatives and undermines corporate credibility and trust (Zhao et al., 2022). Addressing greenwashing requires enhanced transparency, accountability, and verification mechanisms to ensure the integrity of environmental disclosures and promote responsible corporate conduct (Hossain et al., 2021). Furthermore, technological advancements, particularly in the realm of big data analytics, have introduced both challenges and opportunities in detecting and mitigating earning management practices (De Simone et al., 2020). While big data analytics offer unprecedented capabilities in uncovering patterns and anomalies in financial data, they also pose challenges related to data privacy, cybersecurity, and algorithmic bias (Gao et al., 2021). Additionally, the proliferation of digital platforms and the prevalence of unstructured data sources necessitate innovative approaches to data integration, analysis, and interpretation in earning management research (Gao et al., 2021).

In response to these challenges, scholars and practitioners have called for innovative approaches to regulatory oversight and corporate transparency that leverage technological advancements and interdisciplinary insights. Integrating machine learning algorithms and natural language processing techniques into regulatory compliance monitoring can enhance detection capabilities and identify emerging trends and patterns in earning management practices (De Simone et al., 2020). Moreover, interdisciplinary collaborations between accounting, finance, computer science, and legal scholars can foster holistic approaches to regulatory reform and corporate governance that address the multifaceted nature of earning management (Figge et al., 2021). The qualitative synthesis of earning management research underscores the evolving nature of regulatory challenges and the imperative for innovative solutions to enhance transparency, accountability, and trust in financial reporting. By adopting a multi-perspective approach and leveraging technological advancements, future research endeavors can contribute to the development of effective regulatory frameworks and governance mechanisms that mitigate earning management practices and promote sustainable corporate conduct.

In discussing the implications of these findings for future research and practice, several avenues for further inquiry emerge. Firstly, there is a need for longitudinal studies to assess the long-term effects of regulatory interventions and corporate governance reforms on earning management behavior and financial reporting quality. Additionally, interdisciplinary research

that integrates insights from accounting, finance, law, and organizational behavior can provide a holistic understanding of the drivers and consequences of earning management practices. Moreover, exploring the role of emerging technologies, such as blockchain and artificial intelligence, in enhancing transparency and accountability in financial reporting represents a promising avenue for future research. The implications of the qualitative synthesis on earning management research offer valuable insights into future avenues for inquiry and practice. The multifaceted nature of earning management phenomena, as uncovered through interdisciplinary lenses, presents numerous opportunities for scholarly exploration and practical application.

Firstly, longitudinal studies are imperative to understanding the enduring effects of regulatory interventions and corporate governance reforms on earning management behavior and financial reporting quality (Wang et al., 2022). By examining trends over time, researchers can elucidate the sustainability and efficacy of regulatory measures in deterring opportunistic practices and promoting transparency in financial reporting (De Simone et al., 2020). Longitudinal analyses also allow for the identification of emerging patterns, adaptive responses, and unintended consequences of regulatory reforms, facilitating informed policy decisions and governance reforms (McNichols et al., 2021).

Interdisciplinary research offers a holistic perspective on earning management practices by integrating insights from diverse fields such as accounting, finance, law, and organizational behavior (Christensen et al., 2015). By synthesizing knowledge across disciplines, researchers can uncover the complex interplay of individual, organizational, and institutional factors driving earning management behavior (Bédard et al., 2012). For instance, a multidisciplinary approach can elucidate the psychological mechanisms underlying managerial decision-making, the legal implications of earnings manipulation, and the organizational dynamics shaping corporate governance practices (Cheng et al., 2020).

The exploration of emerging technologies, such as blockchain and artificial intelligence, holds promise for enhancing transparency and accountability in financial reporting (Dey et al., 2021). Blockchain technology, with its decentralized ledger system and cryptographic security features, offers potential solutions for mitigating earnings manipulation and ensuring the integrity of financial information (Hribar & Nichols, 2007). Similarly, artificial intelligence algorithms can analyze large datasets in real-time, detecting patterns of earnings manipulation and providing early warnings to regulators and investors (Schmidt & Tyson, 2020). By harnessing the power of technology, researchers and practitioners can develop innovative tools and methodologies for detecting, preventing, and mitigating earning management practices in the digital age (Hossain et al., 2021). The implications of the qualitative synthesis on earning management research underscore the importance of longitudinal studies, interdisciplinary collaboration, and technological innovation in advancing our understanding of earning management practices and enhancing transparency in financial reporting. By embracing diverse perspectives and innovative methodologies, researchers can address complex challenges, inform regulatory policy, and promote corporate accountability in the global marketplace.

Addressing the ethical dimensions of earning management and corporate disclosure practices is essential for fostering trust and credibility in financial markets. Future research should examine the ethical dilemmas faced by managers in balancing competing interests and

the implications of ethical decision-making for corporate reputation and stakeholder trust. Overall, the qualitative analysis of accounting research on earning management practices offers valuable insights into the complexities of this phenomenon and its implications for corporate governance and financial reporting. By advancing our understanding of the motives, mechanisms, and consequences of earning management, this research contributes to scholarly discourse and informs policy debates on regulatory reform and corporate transparency in the modern business environment. Addressing the ethical dimensions of earning management and corporate disclosure practices is imperative for fostering trust and credibility in financial markets. The qualitative analysis of accounting research on earning management practices provides valuable insights into the complexities of this phenomenon and its implications for corporate governance and financial reporting. This section delves deeper into the ethical considerations surrounding earning management, highlighting the need for further research to explore the ethical dilemmas faced by managers and the implications of ethical decision-making for corporate reputation and stakeholder trust.

Ethical dilemmas are inherent in earning management practices, as managers often face conflicting interests between maximizing shareholder wealth, meeting analyst expectations, and adhering to ethical standards (Hribar & Nichols, 2007). Research suggests that the pressure to meet short-term financial targets and enhance stock market performance can incentivize managers to engage in opportunistic earning management practices, compromising the integrity and reliability of financial reporting (Schmidt & Tyson, 2020). Moreover, the lack of clear ethical guidelines and accountability mechanisms may exacerbate ethical challenges, leading to potential misconduct and reputational damage (Beasley, 1996). In exploring the ethical dimensions of earning management, future research should adopt a multi-perspective approach, considering the viewpoints of various stakeholders, including investors, regulators, and the broader society (Christensen et al., 2015). By examining the ethical dilemmas faced by managers and the factors influencing their decision-making process, researchers can gain deeper insights into the ethical implications of earning management practices and their impact on corporate reputation and stakeholder trust.

Furthermore, the qualitative synthesis underscores the importance of transparency and accountability in financial reporting to mitigate ethical risks associated with earning management. Effective corporate governance mechanisms, such as independent board oversight and robust internal control systems, play a crucial role in promoting ethical behavior and ensuring the integrity of financial reporting (Bédard et al., 2012). Moreover, regulatory reforms, such as the Sarbanes-Oxley Act, aim to enhance transparency and accountability in corporate disclosures, thereby reducing the incidence of unethical earning management practices (Cohen et al., 2008). Addressing the ethical dimensions of earning management is essential for maintaining trust and credibility in financial markets. By examining the ethical dilemmas faced by managers and the implications of ethical decision-making for corporate reputation and stakeholder trust, future research can contribute to the development of ethical guidelines and best practices in financial reporting. Moreover, fostering a culture of transparency, accountability, and integrity within organizations is critical for mitigating ethical risks associated with earning management practices and promoting investor confidence in financial markets.

Conclusions

In conclusion, the comprehensive examination of earning management practices through a qualitative analysis of accounting research has provided valuable insights into the multifaceted nature of this phenomenon and its implications for financial reporting, corporate governance, and stakeholder trust. The literature review has revealed a diverse array of earning management practices employed by firms across different industries and organizational contexts, ranging from income smoothing to aggressive earnings manipulation. These practices are driven by a combination of financial incentives, regulatory pressures, and market dynamics, underscoring the complex interplay between internal and external factors influencing earning management behavior. Moreover, industry-specific studies have highlighted nuanced patterns of earning management, with regulated industries exhibiting higher levels of manipulation to meet regulatory requirements, while competitive dynamics within industries influence earning management decisions. The effectiveness of regulatory interventions, such as the Sarbanes-Oxley Act of 2002 (SOX), in deterring opportunistic practices has been evident, yet the effectiveness may vary across jurisdictions and over time. Furthermore, the qualitative synthesis has identified ongoing challenges and emerging trends in earning management research, including adaptive responses to regulatory reforms, unintended consequences such as regulatory arbitrage and greenwashing, and the impact of technological advancements on detection and mitigation effort. The implications of these findings for future research and practice are profound.

From a theoretical standpoint, the insights gleaned from this analysis contribute to the advancement of existing theories in accounting, finance, and corporate governance. The identification of contextual factors shaping earning management practices and the examination of ethical dimensions provide fertile ground for further theoretical development. Future research endeavors should focus on longitudinal studies to assess the long-term effects of regulatory interventions, interdisciplinary research to provide a holistic understanding of earning management, and exploration of emerging technologies' role in enhancing transparency and accountability. From a managerial perspective, the implications are equally significant. Managers must navigate the ethical dilemmas associated with earning management practices while balancing competing interests and maintaining corporate reputation and stakeholder trust. Transparency, accountability, and integrity in financial reporting are paramount for fostering investor confidence and market efficiency. Therefore, organizations should prioritize the adoption of robust corporate governance mechanisms, regulatory compliance, and ethical guidelines to mitigate risks associated with earning management and uphold corporate values. The qualitative analysis of earning management practices provides valuable insights into the complexities of this phenomenon and its implications for theory and practice. By addressing theoretical gaps, ethical challenges, and managerial considerations, this research contributes to scholarly discourse and informs policy debates on regulatory reform and corporate transparency, thereby fostering trust and credibility in financial markets.

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